

Water does Wonders!

CONFERENCE

Promoting Water as the Primary Beverage for Children

OPEN TO:

Teachers, Parents, Students, ECEs, After School Leaders,
and Organizations Working with Children Grades K – 8

with speakers

Jennifer Sygo

Physical Activity and Water

Ashley James

Water and General Health

Susan Finkelstein

BrightBites™ Nutrition

Corey Ryan

Tap vs. Bottled Water

**FREE
CLASSROOM
RESOURCES**

**Over \$100 of
Giveaways**

PLUS Your group could win
1 of 2 special prizes

No Cost to attend and a
Complementary Healthy Lunch will be served

THURSDAY
November 3rd 2016 9:am – 2:40 pm

DiNardo's Mansion 400 Industrial Pkwy S



healthykids@windfallcentre.ca

905.727.0491 ext. 114